



## HURST UNITED SOCCER ASSOCIATION U9-U10 Special Guidelines

1. Restarts for encroachment of the build out line
  - a. The BUILD OUT LINE is used to promote playing the ball out of the back in a no pressure setting.
  - b. When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line.
    - i. Defending team players do not have to move behind the build out line
  - c. The goalkeeper may then pass, throw or roll the ball to a teammate (no punting).
  - d. Once the ball is in play, the opposing team may cross the build out line and play resumes.
    - i. The ball is in play when it is released by the goalkeeper and leaves the penalty area.
  - e. If opposing team encroaches the build out line before the ball is in play, the goalkeeper distribution will be retaken.
2. Restarts for deliberate heading U12 Recreational and Below:
  - a. U12 and below players who deliberately head commit a technical foul, the restart will be an indirect free kick from the point of the foul.
  - b. *“When a player deliberately heads the ball in a game, an indirect free kick (IFK) should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.”*
  - c. A goal scored from a deliberately headed ball by a U12 and below player will result in a no goal. The restart will be per item “b” above
  - d. A deliberate header by a defender that saves a goal from being scored will result in an indirect free kick from the point of the infraction, and will be per “b” above.